

# How to quarantine or isolate if you've been exposed to COVID-19 or have symptoms.

## If you **TEST POSITIVE** for **COVID-19** (regardless of vaccination status).

- Isolate away from others for 5 days.
- If you have no symptoms or your symptoms\* are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

*\*If you have a fever, continue to stay home until it's resolved.*



## If you are **FULLY VACCINATED** with a booster and exposed to someone with **COVID-19**.

- If symptom-free, there's no need to quarantine.
- Get tested on day 5 after being exposed.
- Wear a mask around others for 10 days following contact.

## If you are **UNVACCINATED** or **VACCINATED without a booster** and exposed to someone with **COVID-19**.

- Quarantine for 5 days after your last contact with the person.
- If you develop symptoms, get a test, stay home and get medical attention.
- Days 6 through 10, continue wearing a mask around others.



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